

COACH EXPERIENCE

U13 Melissa Kessell

Experience: This is Melissa's 6th year as coach. She has coached U13, U14 & U16 teams.

Trainings/Certifications: IMPACT, First Aid/CPR, Gold Medal²

Bio: Melissa has played volleyball for 11 years through high school, club, and now at the adult A level both indoor and outdoor. As a coach she works to build well-rounded players who demonstrate not only strong technical skills and game strategy, but impeccable sportsmanship and values. She also firmly believes that volleyball should be fun! While she expects her athletes to be focused on meeting individual and team goals for improvement, she does not feel that this should be at the expense of losing the enjoyment of the game itself. During the season she will focus on team building, individual skill-building, and team strategy resulting in a cohesive team ready to play competitively while enjoying every second of it.

U14 Wen Tseng

Experience: This is Wen's 8th year as coach. He has coached U15, U16 and U17 teams.

Trainings/Certifications: IMPACT, First Aid/CPR, Gold Medal², CAP I, Member AVCA.

Bio: Wen played volleyball for most of the last two decades, including a stint on the Men's USAV team at Western Washington University. After college, Wen has continued his love for the game by playing competitively in various indoor/outdoor leagues. He enjoys watching indoor volleyball and AVP beach tournaments whenever possible - watching, meeting and learning from the pros.

U15 Danielle & Brian Pulliam

Experience: This is Danielle & Brian's 9th year as a coaching team. They have coached U14, U15 & U16.

Trainings/Certifications: IMPACT, First Aid/CPR, Gold Medal², CAP I, Member AVCA.

Bio: Danielle and Brian have played volleyball for the last 20 years (and continue playing in adult leagues). Their main strengths are love of teaching, use of humor, knowledge of biomechanics, and smart shot placement. People describe their coaching team as: focused on improvement, competitive, caring, generous and knowledgeable. They both concentrate on improving skills, teaching the mental game, and team bonding.

U16 Michael Lange

Experience: This is Michael's 7th year as coach. He has coached U14, U15, U16 and U17 teams.

Trainings/Certifications: IMPACT, First Aid/CPR, Gold Medal².

Bio: Michael has over 30 years experience playing volleyball. After his collegiate experience in California, Michael continued to play at the Open and AA level on both men and coed teams. Michael continues to play competitively in various local leagues as well as on a USAV Masters men's team. Parents and players describe him as kind, competitive and smart about the game.